

**NORTHERN METROPOLITAN REGION**

**TRACK & FIELD CHAMPIONSHIPS**

**Wednesday 18th October 2017**

**Meadowglen Athletics Track - McDonalds Rd. Epping**

**EVENT SCHEDULE**

**FIELD EVENT SCHEDULE**

- Field events – Marshalling at 9.45am for 10.00am start.
- All Field Events throughout the day to marshal 15 minutes prior to Event Time.
- Athletes with a Track and Field clash must report in person or by proxy to their Field event prior to competing in their Track event. Track events take priority. They must report back to their Field event immediately upon completion of their Track event.

	<b>9/10 Girls &amp; Boys</b>		<b>11 Girls &amp; Boys 9 – 13 Multi Class (MC)</b>		<b>12/13 Girls &amp; Boys</b>	
<b>10.00am</b>	7 & 8 9 & 10	Discus (500g) Long Jump	11 & 12	Triple Jump	13 & 14 15 & 16	High Jump Shot Put (3kg)
<b>11.00am</b>	29 & 30	Triple Jump	31 & 32 33 & 34 39 & 40	High Jump Shot Put (2kg) Multi Class	35 & 36 37 & 38	Discus (750g) Long Jump
<b>12.00pm</b>	47 & 48 49 & 50	High Jump Shot Put (2kg)	51 & 52 53 & 54 57 & 58	Discus (750g) Long Jump Multi Class	55 & 56	Triple Jump

- 1.00pm. Field Events completed

**TRACK EVENT SCHEDULE**

**1500m Finals**

- 9.15am marshalling for 9.30am start. 1500m Finals

<b>9.30</b>	1	1500 Metres	Girls 9/10	Final
	2	1500 Metres	Boys 9/10	Final
	3	1500 Metres	Girls 11	Final
	4	1500 Metres	Boys 11	Final
	5	1500 Metres	Girls 12/13	Final
	6	1500 Metres	Boys 12/13	Final

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**TRACK EVENT SCHEDULE continued...**

**100m Heats**

- 9.45am marshalling for 10.00am start. 100m Heats

*Para Athletes should Marshall for their 100 metre race using the table below*

<b>10.00</b>	17 H	100 Metres	Girls 9/10	Heat 1 & 2
	18 H	100 Metres	Boys 9/10	Heat 1 & 2
	19 H	100 Metres	Girls 11	Heat 1 & 2
	20 H	100 Metres	Boys 11	Heat 1 & 2
	21 H	100 Metres	Girls 12/13	Heat 1 & 2
	22 H	100 Metres	Boys 12/13	Heat 1 & 2

NB: All Athletes who qualify for finals in the 100m heats, should not leave the venue before their final without first consulting the Northern Metropolitan Region Coordinator - Wayne Schultz.

**200m Heats**

- 10.15am marshalling for 10.30am start. 200m Heats

*Para Athletes should Marshall for their 200 metre race using the table below*

<b>10.30</b>	23 H	200 Metres	Girls 9/10	Heat 1 & 2
	24 H	200 Metres	Boys 9/10	Heat 1 & 2
	25 H	200 Metres	Girls 11	Heat 1 & 2
	26 H	200 Metres	Boys 11	Heat 1 & 2
	27 H	200 Metres	Girls 12/13	Heat 1 & 2
	28 H	200 Metres	Boys 12/13	Heat 1 & 2

NB: All Athletes who qualify for finals in the 200m heats, should not leave the venue before their final without first consulting the Northern Metropolitan Region Coordinator - Wayne Schultz.

**4 x 100m Relay Heats**

- 10.45am marshalling for 11.00am start. 4 x 100m Relay Heats

<b>11.00</b>	41 H	4 x 100 Metres	Girls 9/10	Heat 1 & 2
	42H	4 x 100 Metres	Boys 9/10	Heat 1 & 2
	43 H	4 x 100 Metres	Girls 11	Heat 1 & 2
	44 H	4 x 100 Metres	Boys 11	Heat 1 & 2
	45 H	4 x 100 Metres	Girls 12/13	Heat 1 & 2
	46 H	4 x 100 Metres	Boys 12/13	Heat 1 & 2

NB: All Athletes who qualify for finals in the 4 x 100m relay heats, should not leave the venue before their final without first consulting the Northern Metropolitan Region Coordinator - Wayne Schultz.

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**TRACK EVENT SCHEDULE continued...**

**80m Hurdle Heats**

- 11.45am marshalling for 12.00pm start. 80m Hurdle Heats

<b>12.00</b>	59 H	80 Metre Hurdles	Girls 9/10 (60cm)	Heat 1 & 2
	60 H	80 Metre Hurdles	Boys 9/10 (60cm)	Heat 1 & 2
	61 H	80 Metre Hurdles	Girls 11 (60cm)	Heat 1 & 2
	62 H	80 Metre Hurdles	Boys 11 (60cm)	Heat 1 & 2
	63 H	80 Metre Hurdles	Girls 12/13 (68cm)	Heat 1 & 2
	64 H	80 Metre Hurdles	Boys 12/13 (68cm)	Heat 1 & 2

NB: All Athletes who qualify for finals in the 80m hurdle heats, should not leave the venue before their final without first consulting the Northern Metropolitan Region Coordinator - Wayne Schultz.

**800m Finals**

- 12.15pm marshalling for 12.30pm start. 800m Finals

<b>12.30</b>	65	800 Metres	Girls 9/10	Final
	66	800 Metres	Boys 9/10	Final
	67	800 Metres	Girls 11	Final
	68	800 Metres	Boys 11	Final
	69	800 Metres	Girls 12/13	Final
	70	800 Metres	Boys 12/13	Final

**80m Hurdle Finals**

- 12.45pm marshalling for 1.00pm start. 80m Hurdle Finals

<b>1.00</b>	71	80 Metre Hurdles	Girls 9/10 (60cm)	Final
	72	80 Metre Hurdles	Boys 9/10 (60cm)	Final
	73	80 Metre Hurdles	Girls 11 (60cm)	Final
	74	80 Metre Hurdles	Boys 11 (60cm)	Final
	75	80 Metre Hurdles	Girls 12/13 (68cm)	Final
	76	80 Metre Hurdles	Boys 12/13 (68cm)	Final

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**TRACK EVENT SCHEDULE continued...**

**100m Finals**

- 1.15pm marshalling for 1.30pm start. 100m Finals

*Para Athletes should Marshall for their 100 metre race using the table below*

<b>1.30</b>	77	100 Metres	Girls 9/10	Final
	78	100 Metres	Boys 9/10	Final
	79	100 Metres	Girls 11	Final
	80	100 Metres	Boys 11	Final
	81	100 Metres	Girls 12/13	Final
	82	100 Metres	Boys 12/13	Final
	83	100 Metres	Boys 9 - 13 Multi Class	Final
	84	100 Metres	Girls 9 - 13 Multi Class	Final

**200m Finals**

- 1.45pm marshalling for 2.00pm start. 200m Finals

*Para Athletes should Marshall for their 200 metre race using the table below*

<b>2.00</b>	85	200 Metres	Girls 9/10	Final
	86	200 Metres	Boys 9/10	Final
	87	200 Metres	Girls 11	Final
	88	200 Metres	Boys 11	Final
	89	200 Metres	Girls 12/13	Final
	90	200 Metres	Boys 12/13	Final
	91	200 Metres	Boys 9 - 13 Multi Class	Final
	92	200 Metres	Girls 9 - 13 Multi Class	Final

**4 x 100m Relay Finals**

- 2.15pm marshalling for 2.30pm start. 4 x 100m Finals

<b>2.30</b>	93	4 x 100 Metres	Girls 9/10	Final
	94	4 x 100 Metres	Boys 9/10	Final
	95	4 x 100 Metres	Girls 11	Final
	96	4 x 100 Metres	Boys 11	Final
	97	4 x 100 Metres	Girls 12/13	Final
	98	4 x 100 Metres	Boys 12/13	Final